



IMA FOCUS

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Happy Republic Day - 2024



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Editorial!

From the Desk of
Prof. Dr. S.M. Prasad

Dear Senior members & Colleagues,

It is a great pleasure to know the innumerable activities taking place at all the IMA local branches, IMA KSB and National IMA Hqrs to protect the Allopathic Medical profession. IMA office bearers are alert now to watch the policies and to be aware of any untoward statements given by any authorities. It is the individual responsibility of every allopathy doctor to watch, learn to tackle so many issues whether in medical services or medical education apart from regular service to patients.

It is heartening to know that IMA Hassan branch is arranging the singing competition "Swaranjali" for our members in a grand way from 23rd-24th March, 2024 at Hassan under IMA KSB. Kindly participate in large numbers. The time has come to all doctors now to involve in social activities among ourselves as well as with the community for better mutual relationships.

It was a great month of celebrating the National Road safety week from 11th January 2024 to 17th January 2024. We also need know about the safety measures that have been laid down by Government of India. All of us need to know the rules & regulations to inform the every school authority.

Very important to know that IMA will be paying respects & tributes to IMA members whom we lost on Martyrs Day i.e. 30-01-2024 at National IMA, IMA KSB Hqrs and all IMA local branches in Karnataka.

I would like to mention here the key transport guidelines issued by Hon'ble Supreme court safety of school buses

1. Yellow colored bus; school name & telephone number
2. School bus written on front & back of the bus
3. First aid box and a fire extinguisher
4. Fitted with speed governor
5. Horizontal grills and doors should be fitted with reliable locks
6. Space for School Bags
7. Qualified attendant
8. Parent/teacher may also travel
9. Driver should have 5 years' experience driving heavy vehicles
10. Driver who has been fined more than twice in a year cannot be employed

Safety in school buses are supposed to be at the higher level compared to children travelling with parents 2 wheeler motorbikes and overcrowded auto-rikshaws.

: Child friendly seats- extra foot rest, seatbelt : caretaker, loose articles carrier above head
: road crossing, bus stopping – strict rules : speed limit, awareness to vehicles behind
: rare accidents are due to negligence : human error more common

Jai Hind

Jai Karnataka

Long Live IMA



President's Message

Prof. Dr. Srinivasa. S

Greetings from IMA KSB.

I wish all my esteemed IMA members happy "Makara Sankranthi"

All our IMA-KSB team attended NATIONAL IMA CONFERENCE WITH CWC and CENTRAL COUNCIL MEETING at Trivandrum.

Discussions were very good, they have discussed extensively about New IMA building construction and mobilisation of funds for that.

It was very good to see all senior members announcement towards contributions.

We have called SWC meeting to discuss about state contributions towards legal expenditure, and membership drive 25% Discount.

All state working committee members unanimously taken stand to contribute 5 Lakh rupees to the IMA Headquarters to fulfill legal expenses. and everyone supported to provide 25% Discount in state share and requested the local Branches to provide similar discount.

Myself and Hon secretary Dr Karunakara.B.P called for South Zone President and Secretaries meet at IMA Headquarters New Delhi to discuss about the current problems what we are facing.

Myself and Dr Karunakara.B.P spoke in detail about the present status, and we have assured them our support in all their activities.

National president Dr Asokan R.V. was very much impressed on us and he expressed his happiness towards Karnataka IMA team.

As per decision of State Working Committee we have sent a circular to all the Deans of Medical Colleges and requested them to stimulate all the junior doctors and post graduate students to become IMA members and get the benefit of all Schemes of IMA, also sent the circular to all the local branches to accelerate the membership drive to make our IMA in commanding position.

Very unfortunate for state IMA, we have lost one of the popular past president and KMC member who worked very hard to improve state IMA, especially KPPS, he worked in almost all cadets, very eminent pediatric surgeon also worked as Professor of paediatric Surgery, also Medical superintendent in KIMS Hospital.

On 05.01.2024 at Bangalore and on 19.01.2024 attended syndicate meeting of RGUHS discussed various issues related to students.

On 20/01/2024 I have visited Kanachur Medical College, K S Hegde Medical Academy, Yenopoya, Medical College, AJ Medical College, and Father Muller Medical College and Govt. Wenlock Hospital, and DHO office requested everyone to support Membership drive.

Membership Drive Sub-Committee Chairman, Dr G K Bhat, Director, IMA-CGP, Dr Annaya Kullal and Mangalore IMA Secretary joined me and worked very hard. I have to thank all three members for their great help.

We had Presidents Secretaries meeting and Zonal and district coordinators meeting on 21.01.2024, given chance to all sub committee members to discuss various work distributions, goals to achieve, it was went on very well.

Same day KPPS and Legal cell meetings also held discussed very important points. I want to thank all office bearers and sub committee members for their involvement and interest in IMA affairs. My sincere gratitude to our secretary and Dr. Honnegowda, Dr. Yogananda Reddy, Dr Madhusudan Kariganur.

I request once again all our beloved IMA members to support membership drive, each one at least get 5 new members for our association. If everyone work seriously definitely we can achieve our target.



IMA-KSB President Prof. Dr. Srinivasa S Visited Chikkaballapur medical college hospital, met Chikkaballapur IMA president and Dean Dr Manjunath and RMO Dr Ramesh and Arjun requested them to promote Membership drive, they also called all the staff and distributed new IMA application forms. Dr Madhuvan and Dr Suresh from Akash hospital also participated.

LONG LIVE IMA



Secretary's Message

Dr. Karunakara B.P.

Dear all,

Greetings from the IMA KSB !

The month of January was filled with activities. The month started with attending an important Meeting at headquarters, Republic Day and more.

IMA South Zone State President and secretaries meeting with National President & Office bearers @ IMA HQ. New Delhi. Prof. Dr. Srinivasa S & Dr. Karunakara BP, Hon State Secretary, attended the meeting. The President and the Hon State Secretary gave a wonderful presentation of the programs, activities and issues of the IMA KSB and its benches and the committees. Assured full cooperation to the HQ from the state and its local branches. We handed over IMA KSB contribution of 5 lakhs towards legal expenses of fight against non-inclusion of medical negligence issue under criminal offences in the new Bharath Nyaya Sanhitha. IMA HQ acknowledged the contribution.

Various issues like membership drive, medical negligence and criminal law, GST, IMA HQ Centenary building and many more were discussed.

President Speech: The third edition of the meeting focused on various activities done by the office. President promised to look into the important issues of the branches and the members. He called upon the members to

Mobilize large number of new members during the membership drive, shared experience of attending the south zone Presidents / Secretaries meet, GST issue and others.

Public Health Sub-Committee: The subcommittee conducted importance lectures and awareness works on various health issues.

Republic Day celebrations:

The Republic Day was celebrated with fanfare by IMA KSB! Senior vice President Dr. M N Rajgopala Shetty hoisted the national flag. Hon state Secretary Dr. Karunakara B.P, felicitated and attended the function . The celebration was well attended by the IMA Bangalore managing committee members, council me and the students. Honourable Vice-President highlighted traced the principles of the republic and the constitutional safeguards.

COVID 19 Martyr's Day:

On the occasion of Covid Martyrs day, a candle light March/procession was taken, tributes and respects were paid, family members of few of the martyrs were felicitated. Large number of students actively participated in the activities.

President Dr. Srinivasa.S and Hon State Secretary Dr.Karunakara BP and many seniors and spoke on the hardships, sacrifices and contributions of the healthcare.

IMA KSB Office Bearers meeting: The virtual meeting was held on 31 January, discussed about IMA HQ meeting on 7/2/24 regarding releasing of health manifesto and inviting honourable MP's from Karnataka to the meeting. The meeting is expected to inform the honourable members about various activities and initiatives of IMA for the society.

Our ability to think clearly is linked to our ability to survive!

Jai Hind!

Jai Karnataka!

Long live IMA!



Vice President's Message

- Dr. A. Savithri

Respected members of IMA-KSB,

First of all my sincere thanks to all who elected me as vice president and allowed me to serve in state IMA committee.

It is commendable that the IMA-KSB with competent office bearers is functioning in a very responsible manner. In this regard, I am also planning to organise many programs to improve women's health as a women vice president.

Chief among them are

1. Cancer awareness and screening programs

Due to lack of awareness and negligence of health the number of deaths due to cervical cancer and breast cancer is high in our country. Every 7 minutes a woman dies of cervical cancer and every 14 minutes a woman dies of breast cancer. Early detection of Cancer through screening tests, death can be avoided. A vaccine is also available to prevent cervical cancer.

In this regard awareness programs and free cancer screening camps have been organised in Hassan district in association with Hassan obg society. The cooperation of DHO and NCD officers of Hassan district has been sought regarding this.

Though this month is cervical cancer awareness

month a free PAP SMEAR (LBC) camp has been organised at bhuvanahalli PHC of Hassan taluk on 23rd of this month.

Radio program on cervical cancer is organised on 27th of this month. Awareness jatha on the roads of Hassan organised on 30.1.24 to create awareness and cervical cancer and HPV vaccine among public Pamphlets containing information about cervical cancer and breast cancer are prepared for public awareness.

Guidance will be given to encourage and guide these programs in other districts as well.

2. Adolescent health education programs

To grow and keep the good health adolescents need health education.

Plans are ready to conduct health awareness programs for adolescent children in schools and colleges across the district.

3. Save girl child and violence against women

Programs will be organised to bring change in the society to improve the status of girl children and women.

I am planning to do many more programs like this. In this regard your advise and cooperation is very valuable. Thank you all

LONG LIVE IMA



National IMA President Dr R.V Asokan was the Guest of Honour, National IAP President Dr G.V Basavaraja was the Chief Guest for National Pedicon -2024 at Cochin, Kerala. IMA KSB President Prof. Dr Srinivasa S & National IMA Joint Secretary Dr M Venkatachalapathy attended the inaugural function.

Divisional Co-ordinators Meeting on 21-01-2024 at IMA House Bangalore



**IMA-KSB President
Prof. Dr. S. Srinivasa
Participated in
Syndicate Meeting
of RGUHS at Mangalore**

IMA-KSB CONGRATULATIONS TO BOTH THE PRESTIGIOUS PADMASHREE AWARDEES



Dr. C. R. Chandrashekar
Senior Psychiatrist
Former Professor & HoD
Dept of Psychiatry, NIMHANS, Bengaluru



Dr. Prema Dhanaraj
Professor & HoD
Dept of Plastic Surgery
Raja Rajeshwari Medical College, Bengaluru

Steering committee members with Dr Srinivasa S president IMA KSB Met MLA Dr Ranganath and discussed the issue of Private Hospitals. MLA Spoke to Health Minister Mr Dinesh Gundurao and requested an appointment with him and with the steering committee to discuss the issue. Assure the meeting with the Minister by next week



ಭಾರತೀಯ ವೈದ್ಯಕೀಯ ಸಂಘದ ಪ್ರಾರ್ಥನೆ

ಎಲ್ಲರೂ ಸಂತೋಷವಾಗಿರಲಿ,
ಎಲ್ಲರೂ ಆರೋಗ್ಯವಾಗಿರಲಿ,
ಎಲ್ಲರೂ ನೋವಿನಿಂದ ಮುಕ್ತವಾಗಿರಲಿ,
ಎಲ್ಲರೂ ದುಃಖದಿಂದ ಮುಕ್ತವಾಗಿರಲಿ,
ಎಲ್ಲಾ ಆಸೆ ಆಮಿಷಗಳನ್ನು ಮೀರಿ
ಗುಣಪಡಿಸುವವರು ನಾವಾಗಿರಲಿ.



IMA PRAYER

May everybody be happy
May everybody be healthy
May everybody be free from pain
May everybody be free from sorrow
May we be the healing cure
Beyond every greed & lure

ಧ್ವಜ ವಂದನೆ

ಭಾರತೀಯ ವೈದ್ಯಕೀಯ ಸಂಘದ ಸದಸ್ಯರಾದ ನಾವು ನಮ್ಮ ರಾಷ್ಟ್ರಧ್ವಜಕ್ಕೆ ವಂದನೆ ಸಲ್ಲಿಸಲು ಇಲ್ಲಿ ನಿಂತಿದ್ದೇವೆ.
ಅದರ ಗೌರವ ಮತ್ತು ವೈಭವವೇ ನಮ್ಮ ಬೆಳಕು ಮತ್ತು ಶಕ್ತಿ ಮತ್ತು ಅದರ ಪಥವೇ ನಮ್ಮ ಪಥವು.
ಈ ರಾಷ್ಟ್ರೀಯ ಸಂಸ್ಥೆಯ ಮಾನ್ಯತೆ ಪಡೆದ ಸದಸ್ಯರಾದ ನಾವು ನಮ್ಮ ಜವಾಬ್ದಾರಿಗಳನ್ನು
ಅರಿಯುವ ಮೂಲಕ ಅದಕ್ಕೆ ನಮ್ಮ ನಿಷ್ಠೆಯನ್ನು ತೋರಿಸುವ ಪ್ರತಿಜ್ಞೆ ಮಾಡುತ್ತಿದ್ದೇವೆ.
ದೇಶಸಮೂಹಗಳ ನಡುವೆ ನಮ್ಮ ರಾಷ್ಟ್ರಧ್ವಜವು ಉನ್ನತ ಮಟ್ಟದಲ್ಲಿ ಹಾರಾಡುವ
ಸಲುವಾಗಿ ನಮ್ಮ ಅಧಿಕಾರದಲ್ಲಿರುವ ಎಲ್ಲವನ್ನೂ ಅದಕ್ಕೆ ಸಮರ್ಪಿಸುವ ಪ್ರಮಾಣ ಮಾಡುತ್ತಿದ್ದೇವೆ.

ಜೈಹಿಂದ್

ಐ.ಎಂ.ಎ. ಚಿರಾಯುವಾಗಿರಲಿ

Republic Day Celebrated at Various Branches



BRANCH ACTIVITIES

Branch : Ballari
President : Dr. Srinivasulu D
Secretary : Dr. Raghavendra

IMA Ballari in association with District Administration, done Millets walkathon as part of millets fare 2024 and around 50 members of IMA participated in the event. 3. IMA Ballari is aiming to train the staff nurses, lab technicians, traffic polices, college students and professionals, advocates and general public of Ballari in BCLS (Basic Cardiac Life Support). - As a part of it, on **16/01/2024**, IMA Ballari, in association with Indian Society of Anesthesiologist, Ballari branch conducted first batch of workshop in BCLS for staff nurses and lab technicians. Total 30 members attended the training and successfully completed the workshop and distributed certificates to participants. 4. IMA Ballari and District Administration Ballari jointly organized Procession



(JATHA) on occasion of National Girl Child Day on 24/01/2024, around 150 members attended the Jatha, during the same IMA Ballari, demanded district administration to name Circle near Durgamma temple as "Balaki Simhani" as symbol of recognition of women's empowerment, contribution, education and awareness and community participation in achieving gender equality, honour women's achievements and inspire positive changes within the community.



On 5th January 2024: IMA Bangalore Branch 5th EC meeting was held on 5th January 2024. Dr. Madhushankar L, IMA BB President Dr. Mohan Kumar M Hon. Secretary and other office bearers attended the meeting held at KSLTA club Cubbon Park Bangalore. **On 7th and 8th January 2024:** IMA Bangalore Branch office bearers took part in District Level Taekwondo Championship as a part of Medical Assistance Team in association with Srinivasa Health care which was organized by Kwans Taekwondo Academy and promoted by Karnataka Taekwondo held at Koramangala Indoor Stadium on **7th and 8th of Jan 2024**. Event was inaugurated by Hon. Minister for Transport, Sri Ramalinga Reddy and Karnataka Taekwondo Secretary and Vice President, Karnataka state olympics Association Sri Shashi Vardhan sir and Kwans Taekwondo chairman Tulsi and Karnataka Taekwondo and Indian Taekwondo Referee, Dr Mahesh K M (Ec member), Director, Srinivasa Health care, Dr. Srinivasan Velu (Ec member) and Dr Vikram S Biligiri, Secretary NGV Association (Ec member). Event was attended by more than 1000 participants including athletes and Parents. medical assistance was provided by Ima Bangalore Branch team along with nursing, Physiotherapy and paramedic team and Ambulance services was also provided at

Branch : Bengaluru
President : Dr. L. Madhushankar
Secretary : Dr. M. Mohan Kumar

the venue. **On 13th January 2024:** IMA Bangalore Branch ladies women's wing conducted Health checkup awareness program in association with IAP BPS and BAHA (Bangalore adolescent health academy conducted by Dr. Anusuya S Women's wing chairperson and Dr. Hemalatha B C Secretary Women's wing the team regarding awareness related health issues, like Anemia, covid and in virus, personal hygiene and importance of hand washing, fever, until and importance of spirometer, health camp for girl adolescent group and rectified their doubts, importance of CPR, causes of faintness of cardiac cause and prevention. On 21st January 2024: 2nd Public Health Guest Lecture (PHGL) was conducted by IMA BB in association with Cardiological Society of India-Bangalore Branch and Medical Education & Research Trust, Bangalore at the IMA Auditorium, IMA House Bangalore at 4. 30PM. This program was attended by 50 persons, under the leadership Dr. Mohan Kumar M, Hon. Secretary IMA Bangalore Branch Dr. Mamatha M, PHGL Chairman and Dr. A S Venkatachalapathy, Co-chairman Dr. Tirthankar M Joint Secretary IMA Bangalore Branch and Dr. Mahesh KM EC member were present. Number of speakers: 2 1. Dr. ST Yuvagal Interventional Cardiologist Sri Jayadeva Institute Sciences & Research Bangalore gave a talk on "What is Echocardiogram?". 2. Dr. Madhusudhan Kariganur. General Surgeon Sirguppa Past President of IMA KSB Bangalore gave a talk on "Rabies disease". We felicitated them with a Memento and Certificate. On 20th January 2024: IMA Bangalore Branch ladies women's wing conducted Health awareness program at Narasimha Raja Prematric boys Hostel Chamarajpet Bangalore Dr. Mohan Kumar M, Hon. Secretary

IMA Bangalore Branch and Dr. Mamatha M, Dr. Anusuya S Women's wing chairperson and Dr. Hemalatha B C Secretary Women's wing talked regarding awareness related health issues and personal hygiene. 34 Students were present Every Saturday: IMA Bangalore Branch is conducting Free Medical

checkup Camp in association with TTD Vyalikaval, Lions Club, Manipal Hospital, Miller's Road and Srinivasa Health Care at TTD, Vyalikaval, 100 People attended the camp. Screened for Diabetes & Cardiac camp at TTD Devastanam Bangalore Lions club.

Branch : Bhadravathi
President : Dr. R.C.Bengaluru
Secretary : Dr. Sushith Shetty. S

IMA Bhadravathi Branch organized a gala family get-together on Sunday, 07/01/2024, to celebrate the New Year. The event was well attended and enjoyed by everyone. The celebration began with the IMA Prayer, where Dr. Preethi rendered the invocation. Dr. Swarnalatha M.C extended a warm welcome to all. Dr. R C Bangalore, the president of IMA Bhadravathi, distributed prizes for fun games and encouraged members to stay united. Dr. Sushith S, the Honorary Secretary, delivered the vote of thanks. The program was well-compered by Dr. Harisha Delanthabettu. Earlier, fun games were organized for all age groups, and the evening concluded with a sumptuous dinner. On 26th January 2024, the 75th Republic Day celebrations were observed at Asha Kiran Integrated Rehabilitation Centre for Addicts, recognized by the Ministry of Social Justice &



Empowerment, Government of India, B.H Road, Hosa Jedikatte, Bhadravathi, at 9 AM. Dr. Sushith S, Honorary Secretary, was the chief guest and hoisted the flag. Fr. Vinod Mascarenhas was the guest of honour and spoke on the occasion. Fr. Prakash Pinto, the Director of the Rehabilitation Centre, presided over the function. Dr. Ramakrishna H.K, Dr. Sandeep Kubsad, Dr. Arun G.S, and Dr. Harisha Delanthabettu were also present. Fr. Jeevan Walter D'Souza welcomed the gathering, and Brother Nikhil Swaroop proposed the vote of thanks.



Branch : Chikkaballapura
President : Dr. K.R. Ananth
Secretary : Dr D.R. Narasimha Murthy

Members of the IMA Chickballapur branch participated in the "Mega Blood Donation Camp" held on 12:01:2024 at Old District Hospital Premises in Chickballapur. All the members motivated the public to donate blood and some of the members themselves donated for the noble cause.

Branch : Dharwad
President : Dr. Satish Irkal
Secretary : Dr. Kiran Kulkarni

On 23th DEC 2023 WDW Dharwad is organising a Health check up camp for all teachers of JSS Institute, Vidyagiri on Saturday, 23rd December. BMD, Hb & Blood Glucose testing will be conducted. On the same occasion, Awareness on Menstrual Health & Nutrition will be conducted by Dr. Jyoti Hiremath and Dr. Nisha, for high school girl students. On 25th DEC 2023 IMA Dharwad WDW in association Organized a Mega health check up camp. IMA President Dr



Irkal, Secretary Dr Kiran, Rotary were present. on 06th JANUARY 2024 IMA Dharwad conducted New year celebration. On 06th JANUARY 2024 IMA Dharwad conducted CME on stem cells and Release Of IMA bulletin-Variola 2nd edition. President Dr Satish Irkal, Secretary Dr Kiran Kulkarni and others were present on this occasion. on 7th JANUARY 2024 – Executive committee meeting. Executive committee meeting was held to discuss on various agenda and republic day celebration along with general body agenda finalization. Also road safety week observation for one week from 12th to 19th January on 12th JANUARY 2024 – ROAD SAFTY WEEK IMA Dharwad Organized road safety week. By conducting awareness talk by IMA Dharwad doctors on Basic First AID Measures and also an talk by police personnel on traffic Rules and road safety AT K E Board school. Dr Sapan D. Dr Kavita Mankani, Dr Pallavi Deshpande, ASI Traffic – Mr Ballari, IMA President Dr Irkal, Secretary Dr Kiran, Rotary were present. on 13th ROAD SAFTY WEEK AT CSI College. Around 200 students and faculty attended the event. Dr Kavita Mankani. CPI Traffic- Mr M Naikar. on 13th ROAD SAFTY WEEK.AT Satya Sai College. Around 150 students and faculty attended the event. Dr Jagadish Niradi, CPI Traffic- Mr M Naikar. on 16th ROAD SAFTY WEEK AT JSS KHK Institute Engineering Dharwad. Around 300 students and faculty attended the event. Dr Sapan D. Dr Vishwanath

M Patil, ASI Traffic – Mr Ballari. on 16th January 2024 IMA Dharwad conducted BLS work Shop at Belur industrial area for Industrial employees and Truck drivers. Around 80 participants attended the event. on 17th January 2024 IMA Dharwad conducted BLS work Shop for Traffic police , Home gaurds, Auto drivers, NSS students and Nursing staff. Around 120 participants attended the event. Basic life support hands on workshop at Bhavasar Hall. by Dr Jorson Fernades. on 17th January 2024 IMA Dharwad conducted certification Course on CPR with AED applications For Nursing staff. Around 30 participants attended the event. on 18th january 2024 Road safety week AT Jublee circle Rally was organized by IMA Dharwad branch on Road safety week. more than 400 students from different colleges participated in the event. students dressed in Yamaraj and chitragupta created awareness to traffic rules offenders, same time street plays were also performed in the main market areas regarding Road traffic accidents and FIRST AID measures. On 19th january 2024 (night walkathon) By IMA Dharwad women doctor wing from KCD circle to Srinagar circle dharwad Attended Rally was flagged off by Hubbli Dharwad Police commissioner Ms Renuka Sukumar along with Dr Shashi Patil- DHO, dharwad. Around 450 women participated with Placards heightening safety of women on roads at night.

Branch : Gadag
President : Dr. G.S.Palled
Secretary : Dr. Chandrashekhar R. Bellary

On 20-12-2023 – CME Conducted CME at IMA Hall. Speakers: Dr. Rajashekhar Patil, Gave talk on Common Paediatric Surgical Problems and Laser Proctology. Dr. Uday Kulkarni, Gave a talk on “Wealth Management for Doctors”. Attended by about 45 members. Felicitated Dr. G. B. Bidinalhal for getting 4 gold medals at National IMA Doctors Sports meet at Vijayawada held from 22nd Nov to 26th Nov. BLOOD GROUP DETECTION CAMP: IMA GADAG in association with Inner Wheel club Gadag arranged for free blood group detection camp for students from 5 th standard to 10th standard at a Govt School Gadag. Dr. Pradeep Khona, Dr. Bhavana Khona & team. Aon Gaon Chalen: Today on behalf of IMA Gadag Chapter under Aon Gaon Chalo programme was arranged at Balaganur village.



Six outstanding farmers were felicitated. Lunch was arranged. Attended by more than 150 IMA & AMS Members. BOD Meeting: Conducted monthly BOD meeting at INCHARA Farm on 17-01-2024, the meeting had good attendance of about 50 Doctors. Discussed various topic related to Aon Gaon Chalen Programme, Motivating more Doctors to become IMA Life Membership, Planning for more health checkups at various other villages.

Branch : Gangavathi
President : Dr Veena A Satish
Secretary : Dr Archana Patil

December 31st 2023 – new year celebration was done on new year eve with multiple games for all the doctors, with

stage programmes of dancing ,singing, stand up comedy with delicious snacks and food served with cake cutting at 12 am. Which was attended by around 70 doctors and family. January 11 2024 – on the occasion of road safety week Dr. V V Chinivalar addressed the Gangavathi community on Road safety through the local radio station Gramina Bharathi (90.4 FM), which was aired on same day. In association with WDW of Gangavathi. January 11 2024–

Bone mineral density camp was arranged at IMA hall for all the doctors and senior members of IMA which was attended by around 80 members. January 18 2024 – Basic life support workshop and CPR training was conducted in 1st grade government college Gangavathi by Dr. Satish Raikar which was attended by all college students where CPR was also taught using mannequins in the presence of senior IMA doctors and IMA office bearers. January 20 2024 – A deafness screening programme was conducted in a village place Hirewankalkunta by ENT specialist Dr Avinash Padmashali where around 200 general public was screened was deafness and treatment was undertaken. January 24 2024 – National girl child day was celebrated in girls government school Gangavathi which was conducted by Dr. Uma Raju and Dr. Veena Satish, Dr. Uma Raju, Dr. Snehalatha, Dr. Sindhu which was attended by all the school girls. January 24 2024 – On the occasion of National Girl Child day a radio programme was given by Dr. Sulochana Chinivalar regarding the importance of girl to the community of Gangavathi over Gramina Bharathi 90.4 FM.



Which was aired on the same day. January 24, 2024 on the occasion of cervical cancer week, a cervical cancer awareness programme was conducted by Dr. Veena Satish, Dr. Uma Raju, Dr. Sumathi Gowda for government school Teachers of Gangavathi in the presence of BEO Mr. Venkatesh, which was attended by around 130 teachers where screening and vaccination was talked about.



IMA Hassan welcomed the NEW YEAR 2024 in grand style with its members and their families at Nanda Gokula Convention Centre, Hassan. Theme for the New Year Celebration was Suvarna Karnataka. Dance, music and a very unique fashion show on Sandalwood Movie Stars theme, was enjoyed by all. A fashion show by the kids of IMA members showcasing the regional wear of Karnataka was visually spellbinding. There were attractive prizes for best dressed members and in keeping with the program theme, an audience quiz was arranged on Karnataka's rich

Branch : Hassan
President : Dr. Devdasu H R
Secretary : Dr. Dinesh B

cultural and literary heritage. Around 150 people attended the event. WDW-Hassan: Our member, Dr. Bhavika Y M, Pediatrician, participated in a school health education programme at Sri Aravinda School, Hassan and talked about how to develop healthy relation with food in children. More than 500 children with parents participated in the programme. It was presided by Mrs. Varshini K.C.A, administrator, Arvinda group of Institutions. Also present was another guest of Honor, H.M Anand, ISRO scientist, MCF, Hassan. Head masters and teachers from all the branches of the institution were also present. IMA, WDW in associations with IMA Hassan celebrated New Year with the theme "Suvarna Rajyothsava". More than 45 doctors families had gathered to witness various cultural Programmes. A special "Kannada Quiz" was organized for all the participants including kids.

Branch : Hubli
President : Dr. Venkatesh M. Mulimani
Secretary : Dr. Anand V. Varma

On 19th December 2023: As per the instruction of IMA HQ's, IMA Hubballi in association with Dept. Of Medicine, KIMS Hubballi organized a Webinar on "Interplay of Diabetes and NASH" at Medicine Seminar Hall, KIMS, Hubballi. The objective of CME is to create awareness on Interplay of Diabetes and NASH amongst Health Care



Practitioners across India. Dr Ketan Mehta spoke on "Bidirectional association of Diabetes and Fatty Liver" and Dr Jayant Barve spoke on "Management of NASH". Dr Anand Varma - IMA Secretary, Dr Uday Bande, Dr Chandrashekar K., Dr Shiddappa Gundikari, Dr Manjunath and around other 40 doctors attended the webinar. On 24th December 2023: IMA Hubballi branch in association with KIMS, Hubballi and Kshamata Trust organized a Free Health Checkup camp at Devikoppa Village, Kalghatagi Taluq. 650 people were examined and free medicines were distributed. Dr S.Y.Mulkipatil, Dr Sachin Revankar, Dr Manjunath Nekar, Dr Srinivas Joshi and other members participated in the camp. On 24th December 2023: The 2nd Managing Committee meeting of IMA Hubballi branch for the year 2023-2024 was held at 7.00 p.m. at Dr.Srinath Mugali's Farm House, Sulla Road, Hubballi. Around 45 members attended the meeting. On 25th December 2023: On behalf of IMA Hubballi Branch Special camp on Retinopathy and Neuropathy was conducted at Dr Mantganiker's Clinic. 25 patients were screened & examined. On 7th January 2024: IMA Hubballi branch in association with KIMS, Hubballi and Kshamata Trust organized a Mega Free Health Checkup camp at Kundgol Village. 600 people were examined and free medicines were distributed. President - Dr Venkatesh Mulimani, Vice

President - Dr Prabhu Biradar, Secretary - Dr Anand Varma, Dr S.Y.Mulkipatil, Dr G.B.Sattur, Dr Prashant Hulkunde, Dr Sachin Hosakatti, Dr Kalinga, Dr Channbasappa and around 35 other doctors participated in the camp. On 9th January 2024: The 3rd Monthly meeting IMA Hubballi branch for the year 2023-2024 was held at 8.00 p.m. sharp at Hotel Denissons, Hubballi. Around 80 members attended the meeting. On 9th January 2024: IMA Hubballi Monthly CME was held at Hotel Denissons, Hubballi at 9.00 p.m. Dr Sujith Kumar, Consultant Neurologist & Epileptologist, Apollo Hospitals, Bangalore spoke on "Advances and Management of Epilepsy" and Dr T.Manohar, Chief of Urology Services, Apollo Hospitals, Bangalore spoke on "Uro oncology Updates, Application of Robotics in Uro Gynaecology Reconstructive surgeries , Comparative analysis of Lap vs Robotics". Around 130 members attended the CME. On 17th January 2024 : IMA Hubballi Branch & IMA WDW participated in the Inauguration Function of National Road Safety Week 2024 organized by KIMS, Hubli-Dharwad Police Commissionerate & RTO at KIMS Auditorium, Hubballi. President - Dr Venkatesh Mulimani, Dr Ishwar Hosamani - Principal KIMS Hubballi, Secretary - Dr Anand Varma, Bharati Bhavikatti - Chairman, IMA WDW and other members participated. Around 1000 students from various colleges attended the awareness program.

Branch : Koppa
President : Dr. Anitha N. Rao
Secretary : Dr. Sania Sabahi

On 02/01/2024 Celebrated New year with all IMA friends and family at Moodanamane. Delicious food, games and cultural activities made the event a great success. On 03/01/2024 Our Senior doctor, charter president of IMA KOPPA Dr Sathish Shanbhag celebrated 80th Birthday and all the doctors participated in the gala event. On 10/01/2024 Donated RO water purifier and reservoir at Morarji Desai School for safe drinking water to residential students at the cost of Rs 40000/ . On 20/01/2024 Awareness of Cervical cancer and importance



of HPV vaccination - Talk was given by Dr Nataraj R Rao, Senior Gynaecologist Adarsh Hospital to the Ayurvedic students of ALN Rao Ayurvedic college.



Branch : Kundapur
President : Dr. Pramila Nayak
Secretary : Dr. Mahima Acharya

Cultural activities as part of New Year Celebration Program was conducted on 07.01.2024. IMA Kundapura members and their families participated in the event. CME on Pioneering Practices in Proctology was conducted on 20.01.2024. Dr Rajashekar Mysore from Chirag Global Hospital, JP Nagar, Bangalore was the resource person & conducted the program along with IMA Kundapu.



On 09 Jan 2024 Dr Marigowda, President IMA Mandya Branch, other office bearers and IMA members attended the Maternal Death Audit meeting at DC office, Mandya. They discussed regarding prevention of maternal deaths in the district, by doing ANC checkups from conception to delivery. Importance of Anemia Prevention, control of BP, diabetes etc. and regular ANC checkup at PHC level was discussed. On 09 Jan 2024 Meeting as held among the IMA members about Co-operation regarding Covid Control Program in Mandya District. All the clinics, nursing homes and hospitals were instructed to Report ILI and Sari cases

Branch : Mandya
President : Dr. T. N. Marigowda
Secretary : Dr. M. Vinay

in the IHIP portal without fail. Collect the samples and send for testing to the District Surveillance office, Mandya as per guidelines without fail. Consider SARI cases seriously and refer to MIMS, Mandya without fail. And Send communications to District Surveillance office, Mandya as per guidelines without fail. On 12 Jan 2024 API Mandya chapter is organizing the 41st state level conference of API Karnataka Chapter on 26th, 27th and 28th of July 2024 in Mandya. IMA Mandya branch is closely associated with API Mandya chapter and is working together to make the conference a huge success. On 19 Jan 2024 IMA members including Dr Vinay M, Dr Sheethal MP, Dr Manuja LM and others conducted a education program for nurses, physiotherapists, yoga teachers etc from Maddur taluk regarding importance of research and upkeep of latest information on health through teaching learning programs. 6 research activities was started.

Branch : Mangaluru
President : Dr. Ranjan R K
Secretary : Dr. Avin B R Alva

On December 24th 2023, ENT & Health checkup camp was conducted in Little Sisters of poor, Home for aged, at Maroli Mangalore by IMA Mangaluru, WDW Mangalore, & Rotary club Mangalore city with DHO & ENT Staff from Wenlock District Hospital, Mangalore. About 72 people were examined and advised future course of action. Dr. Ranjan r k -President IMA Mangaluru, Dr. Jessy Maria D'Souza-President Elect, and Dr. Avin B R Alva- Secretary IMA Mangaluru were present. On 29th December 2023 CME Programme on "Updates on National Tuberculosis Elimination programme" was organized by IMA Mangaluru. The Chief Guest of the programme was Dr.Thimmaiah H R, District Health officer Dakshina Kannada. The Guest of Honour was Dr. Badarudeen M N, District Tuberculosis Officer. The Speaker of the CME Programme was Dr Jose Jom Thomas, WHO Consultant. The programme was attended by 70 members of IMA. CME started with IMA prayer by Dr.Prashantha B. IMA President Dr.Ranjan R K welcomed the gathering and gave a brief



introduction on invited guests and speaker. Dr.Avin B R Alva proposed the vote of thanks. On the same day Indian Medical Association Mangaluru Branch held Condolence meeting to mourn the untimely sad demise of our eminent life member and Past President of IMA Dr. K R Shetty, Former Dean Kasturba Medical College, Mangaluru, on Friday 29th December 2023. The President read the condolence message. Members narrated about their experiences with Dr. K R Shetty. We had significant feather on the cap for Mangaluru branch of IMA when our team "Coastal Tigers" won the second place in the IMA KSB State Level Cricket Tournament held at Bangalore recently. This is a commendable achievement by our Cricket team and has made all of us proud.

Branch : Mysuru
President : Dr.M.S.Jayanth
Secretary : Dr. Shivashankar. B.N

ದಿನಾಂಕ:15.01.2024 ರಂದು ಸನ್ಮಾನ್ಯ ಪ್ರಧಾನ ಮಂತ್ರಿಗಳು ಭಾರತ ಸರ್ಕಾರ ರವರು ಆದಿವಾಸಿ ಜನಾಂಗದವರ ಸರ್ವತೋಮುಖ ಅಭಿವೃದ್ಧಿಗಾಗಿ ಅನುಷ್ಠಾನ ಮಾಡುತ್ತಿರುವ "ಪ್ರಧಾನ ಮಂತ್ರಿ ಜನ್ ಮನ್" ಕಾರ್ಯಕ್ರಮವನ್ನು ವರ್ಚುವಲ್ ಮೂಲಕ ಉದ್ಘಾಟಿಸಿದ್ದು. ಸದರಿ ಕಾರ್ಯಕ್ರಮದ ಉದ್ಘಾಟನೆಯನ್ನು ಕರ್ನಾಟಕ ರಾಜ್ಯ ಲಿಲಿಜನ

ಸಂಶೋಧನಾ ಸಂಸ್ಥೆ, ಮೈಸೂರು ಇಲ್ಲ ಆಯೋಜಿಸಿ ಸಮಾರಂಭದಲ್ಲಿ ಭಾಗವಹಿಸಿ, ಇಲಾಖಾ ವತಿಯಿಂದ ಸ್ಟಾಲ್ ತೆರೆಯುವುದರ ಮೂಲಕ ರಾಷ್ಟ್ರೀಯ ಆರೋಗ್ಯ ಕಾರ್ಯಕ್ರಮಗಳ ಬಗ್ಗೆ ಜಾಗೃತಿ ಮೂಡಿಸುವುದೊಂದಿಗೆ ಸ್ಥಳದಲ್ಲಿಯೇ AbArk ಕಾರ್ಡ್ ಸೃಜನೆ, ಎನ್.ಪಿ.ಡಿ ಕಾರ್ಯಕ್ರಮದಡಿಯಲ್ಲಿ ರಕ್ತದೊತ್ತಡ ಮತ್ತು ಸಕ್ಕರೆ ಬಾಂಬಲೆ ಬಗ್ಗೆ ಪರಿಚ್ಛಿಸಲಾಯಿತು, ಕ್ಷಯರೋಗ ಮಾದರಿ ಪರಿಚ್ಛೆ ಮಾಡಲಾಯಿತು ಹಾಗೂ ಪಿ.ಎಂ.ಎಸ್.ಎಂ.ಎ ಕಾರ್ಯಕ್ರಮದಡಿಯಲ್ಲಿ ಭರ್ಣಿ ಮಹಿಳೆಯರನ್ನು ಪರಿಚ್ಛಿಸಿ ಸೂಕ್ತ ಸಲಹೆ ಮತ್ತು ಚಿಕಿತ್ಸೆಯನ್ನು ನೀಡಲಾಯಿತು ಹಾಗೂ ಬುಡಕಟ್ಟು ಜನಾಂಗದವರಿಗೆ ಆರೋಗ್ಯ ಇಲಾಖೆಯಿಂದ ಸಮಾಜದ ಮುಖ್ಯವಾಹಿನಿಯಲ್ಲಿ ದೊರೆಯಬಹುದಾದ ಸೌಲಭ್ಯಗಳ ಕುರಿತು ತಿಳಿಸಲಾಯಿತು. ಸದರಿ ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ಉಪನಿರ್ದೇಶಕರು (ಇ.ಎಂ.ಆರ್.ಐ), ಜಿಲ್ಲಾ ಆರೋಗ್ಯ ಮತ್ತು ಕುಟುಂಬ ಕಲ್ಯಾಣ ಅಧಿಕಾರಿಗಳು ಮೈಸೂರು, ಜಿಲ್ಲಾ ಆರ್ ಸಿ ಹೆಚ್ ಅಧಿಕಾರಿಗಳು, ಜಿಲ್ಲಾ ಕ್ಷಯರೋಗ ನಿರ್ಮೂಲನ ಅಧಿಕಾರಿಗಳು, ಜಿಲ್ಲಾ ಕುಷ್ಠರೋಗ ನಿರ್ಮೂಲನ ಅಧಿಕಾರಿಗಳು, ಜಿಲ್ಲಾ ರೋಗವಾಹಕ ಆಶ್ರಿತ ರೋಗಗಳ ನಿಯಂತ್ರಣ ಅಧಿಕಾರಿಗಳು, ಜಿಲ್ಲಾ ಕಾಲರಾ ಹೋರಾಟ ತಂಡದ ವೈದ್ಯಾಧಿಕಾರಿಗಳು ಹಾಗೂ ಶಾಲ್ಯಾಕು ಆರೋಗ್ಯ ಅಧಿಕಾರಿಗಳು ಮೈಸೂರು ಮತ್ತು ಆರೋಗ್ಯ ಇಲಾಖೆಯ ಸಿಬ್ಬಂದಿಗಳು



ಭಾಗವಹಿಸಿದ್ದರು. On behalf of World health Disability day distributed MR kits & Wheelchairs for beneficiaries at DEIC (Dist early intervention centre) at District hospital premises Dr Jayanth President IMA Mysore & Dr.Shivashanker secretary IMA Mysore Dr Sampath Kumar Paediatrician DEIC, Lokesh DEIC Manager, Councillor, psycho Social worker DEIC & Audiologist were present.



Branch : Nelamangala
President : Dr.M.Jayaprasad
Secretary : Dr.S.Rajendra Prasad

On 12.01.2024 CME was conducted. Topics: (1). "Resistant Hypertension – Evaluation & Treatment" by Dr. Prasad Bhat, Interventional Cardiologist, Manipal Hospital, Bangalore and (2). "Management of Patients with ARDS" by Dr. Shashidhar B.G. Consultant Critical Care Medicine, Manipal Hospital, Bangalore.

Branch : Raichur
President : Dr.Arun K.N.
Secretary : Dr. Shree Harsha Patil

Care Hospital in association with Indian Medical Association organized CME program on 25 November 2023 about 75 members attended and the topics were as follows. Approach to Lymphoma & a recent advance in its treatment, the speaker was Dr. M A Subbor Shaherose. 1. Oral cancer diagnosis & management, the speaker was Dr. Avinash Chaitanya. 2. Role of radiation therapy in modern oncology, speaker was Dr. Syed Touseef Ahmed. 3. Basic principles of Gynecological Cancers, speaker was Dr. Ramesh C Sagar. Condolence meeting was held at IMA premises on 02-01-2024 in the memory of Dr. Vijay Raj Kataria who passed away on 01-01-24. On 13-01-2024 IMA Raichur organized a special talk on "Stress Management in



Spiritual Dimension" for professionals at IMA hall, the speaker was Dr. Ramesh B Umarani, director Swami Vivekanand institute for youth awakening, Yelhanka Bangalore. About 50 members attended. On 16-01-2024 another condolence meeting was held at IMA premises in the memory of Dr. Inder Raj Itagi who passed away on 14-01-2024.



On 27-12-23: NATIONAL IMA CONFERENCE, TRIVANDRUM: It was a proud moment and our past president and secretary were glad to represent Shimoga IMA fraternity and receive the award amidst National President and ex state President Dr. Lakkol and dr. Karunakara state secretary. This was a result of team work and active participation of all members. Of course recognition and acknowledgment is a feather in the cap and we feel blessed and honoured. On 31-12-2023: NEW YEAR BASH: For many years now, new year celebrations were stalled because of covid and other reasons. This year we were able to involve as many of our members and celebrate the new year evening with Melodious singing by our own members with children dancing impromptu on stage. On 11.1.2024: CELEBRATIONS OF VIVEKANANDA JAYANTHI: Along with mnational medicos association, IMA celebrated the 162th birth anniversary celebrations of youth icon vivekanada with Sri Madhukar MP of Tejas trust speaking on life of shri Swamy Vivekananda. Programme was presided by president Dr. Ramesh C and guest of honour Dr. Aravindan R, IMA, Sceretary and Dr Shridhar, IMA president elect. Programme was well attended by more than 150 medical students and IMA members. On 12-1-2024: SCHOOL EDUCATION PROGRAMME: Gave a talk on " Effective preparation for exams" at a program jointly organised by Rotary Shimoga East Interactive club, Women Doctors'

Branch : Shimoga
President : Dr. Ramesh C
Secretary : Dr. Aravindan R

Wing of IMA Shimoga and Kshema trust, Shimoga on 10/1/2023 for high school students of Rotary East school, Shimoga. The lecture was followed by good interaction with students. Rtn Dr Parameshwar Shiggaon, Sri Vijayakumar and Sri Chandrashekarayya were present as dignitaries. On 12-1-2024: CME ON MEDICAL GENETICS AND TRAVEL TRAILS: Unique medley of recent relevant upcoming medical talk- medical genetics in day to day practice by Dr. Shrilakshmi, featal medicine specialist of malnad hi tech lab was followed by equally interesting , intriguing, adventurous travel trails by Dr.Shrikanth Hegde and Dr.Anupama. who spoke on their travel experience to south Americas trip. On 18-01-2024: AWARENESS PROGRAMME ON THE OCCASION OF ROAD SAFETY WEEK: On 18th of January, WDW, Shivamogga had organised an awareness programme on the occasion of road safety week. The event was held at Government Higher primary school, Hasudi farm about 15 kilometres from the town. An awareness lecture on road safety, traffic rules and traffic signals was delivered by Mr Danam, retired assistant sub inspector of police. Dr Vinaya Srinivas, our member highlighted the importance of first aid treatment in different emergencies. Dr Usha Ramesh interacted with students and useful books were given to students who were involved actively in the interaction as a token of appreciation. Dr Jayalakshmi Naik inaugurated the programme. Mr Nagarajappa H, headmaster welcomed the gathering. Dr Vishalakshi Moogi, chairman WDW in her presidential remarks, mentioned the importance of reaching the students on all health related issues. Mrs Deepa Kubasad, assistant teacher managed the entire programme. Pens were distributed to all students. The event benefited about 75 students by providing useful.

Branch : Sirsi
President : Dr. G.V.Madukeshwar
Secretary : Dr. Suman Hegde

A unique Voluntary Blood Donation camp with Doctors of Sirsi as Blood donors was organized on 28th of Dec at Pandit General Hospital commemorating the birthday of a well known physician Dr. A.N Patwardhan. 21 Doctors donated blood. There were many Doctors who donatd for more than 25 times and Dr Dinesh Hegde's was 64th.The AN Patwardhan foundation donated 10 K to the blood bank. State CME on 'Medico Legal Mastery' under the aegis of KOS and IMA, Sirsi was held in Ganesh Netralaya on 24Th of Dec.The event was inaugurated by KOS President Dr Krishnaprasad Kudlu and was a great success. The New yr



was welcomed with grandeur on 31st Dec night at Dr GM Hegde's brightly lit farm house, Goudalli. A troop from Dakshina Kannada and our own members entertained. IMA Doctors participated in 7k Marathon organized by

Bhagat Singh Brigade on 7th of Jan. Dr Dinesh Hegde and Dr Suman Hegde won 3rd places in their respective age categories. "Water" a vital nutrient is essential and should be put into optimal use and saved for the future generation. A Jatha was arranged across the streets of our town spreading the awareness about water conservation in association with other organizations by holding placards and shouting slogans on 10th of Jan. Made an attempt to spread HOPE and build CONFIDANCE amongst Spinal cord injury pts who were bed ridden/wheel chair bound by organizing a 'Rehabilitation camp' for 3 days from Jan 11th to 13th at Sirsi Scan and Research Centre in association with Seva Bharati and Mahalaxmi Memorial Hospital. 13 pts participated. Free wheel chair and medicines were distributed, free blood tests were done, physiotherapy and several other sessions were taken for 3 days. A unique Jatha where the Spinal Cord injury pts on wheel chair took part 'Wheel chair Jatha' was organized involving students of High school and College to bring to notice of people that there is a ray of hope for such pts. National Youth Day also celebrated as Vivekananda Jayanti was observed on 11th of Jan at College of Horticulture. A camp was held in Suyoga ashram – an old age home and a home for destitute under the leadership of Dr Asha Prabhu. Free distribution of medicines done. Lunch was sponsored by Dr Gowtam.

Sankranti festival was celebrated with the inmates. The astonishing increase in Road Traffic Accidents consuming thousands of precious lives made us take up 'National Road Safety week' from 11th to 17th of Jan on a serious note. A month long planning with various depts-Police, RTO, Rotary, WDW was undertaken and executed in a huge way. A group of volunteer (our own members) were trained using ppt so that they could take turns and reach out to various college and high school students. During inauguration, even auto and truck drivers were targeted, gave awareness, distributed first aid kits, gave live demo about sturdiness of helmets having ISI mark and distributed pamphlets. Totally 8 high schools / Colleges – Lions school, JMJ college, RNS Polytechnic college, College of Horticulture, Shriniketana high school, Marikamba High school, Ikra urdu school and Progressive college covering more than 2000 students were targeted on various days of the safety week. Students were made to take pledge on Road Safety. A voluntary blood donation camp was conducted at Shreemata Sanskrita Mahapathashalle, Ummachgi on 18th of Dec where 26 donors donated blood. 'Clinical approach to Acute Chest pain'- a CME was conducted in an exotic venue Ibbani Resort. The resource person was Maj(Dr) Jnanaprakash Karanth. Dr Dinesh Hegde briefed about Respiratory infection.



On 21/12/2023 IMA KSB AMS conducted webinar on Topic- Over View of Management of Carcinoma Prostate.

Branch : Sullia
President : Dr. Veena.N
Secretary : Dr. Ravikanth G.O.

On 23/12/2023 Mandekolu Grama Panchayat and library organized library week celebrations and felicitation programme for achievers... He felicitated individuals who worked in various fields. On 26/12/2023 Dr. Geeta Doppa attended CWC meeting and IMA National Conference at Kovalam, Kerala. On 09/1/2024 A talk on HIV, Syphilis and hepatitis prevention from mother to baby awareness program by Dr. Veena to the healthcare workers.

Branch : Tumkur
President : Dr. Rangaswamy.H.V.
Secretary : Dr. Mahesh.G

On 20-12-2023 CME was conducted at Dr. Mallikarjunaiah Memorial Hall, IMA Tumakuru. Topic : "NABH accreditation : Shaping the future of quality health care" by Dr. Prashanth H V, HOD Micro-biology, Sri Siddartha Medical college, Tumakuru. On 27-12-2023 CME programme was conducted at Dr. Mallikarjunaiah Memorial Hall, IMA Tumakuru. Topic : "Recent Advances in Adenoidectomy and Tonsillectomy" by Dr. Muneeshwar G B, Ganadhah ENT Clinic, S S Puram,



Tumakuru. On 27.12.2023 IMA Tumkur Branch Members participated National Conference at Kovalam with state

President and past president and other office bearers of KSB at Kovalam, Kerala. On 06.01.2024 Felicitation programme was arranged for IMA Tumkur Branch Cricket Team at Dr. Mallikarjunaiah Conference Hall, IMA Tumakuru. Felicited Cricket team Tumakuru Titans Team (below 45 years age category) Captain Dr. Pruthvi, Winners of Cricket championship organised by IMA Yelahanka Branch. Tumakuru Legends Team (above 45 age category) Captain Dr.

Manjunath Semi-finalists of Cricket Tournament organized by IMA Yelahanka Branch. On 12.01.2024 Plogathon at 15th Ward of Tumakuru city Corporation, Tumakuru Programme organized by Tumakuru Smart City Ltd., under the chairmanship of Dist Administration, IMA Tumakuru Branch. IMA Members and their family participated in the program. Collected wastes lying on the road while doing jogging/walking.

Branch : Udupi-Karawali
President : Dr. Rajalakshmi
Secretary : Dr. Archana Bhaktha



On 19.12.2023: Awareness Talk: IMA Udupi Karawali Conducted a awareness talk on 19.12.2023. Our Member Dr.Vijaya Y B delivered talk on Sustainable menstruation at SMS School Brahmavar . 100 students participated in this program. On 26.12.2023: Donated clothes to various Orphanages IMA Udupi Karawali Doctors donated clothes to various orphanages on 26.12.2023. IMA Udupi Karawali president Dr. Rajalakshmi, Secretary Dr. Archana Bhaktha, and many other doctors presented in this programme. On 31.12.2023: New year get together celebrated with retro look theme . IMA Udupi Karawali women's wing doctor celebrated new year get together on 31.12.2023 at IMA Bhavan, Udupi. On 01.01.2024: Inauguration of Alcohol De-addiction camp: In association with Dr AV Baliga hospital, IMA Udupi Karawali has organized a 10-day long alcohol de addiction camp from 01.01.2024 to 10.01.2024. The camp was inaugurated by the DC Dr Vidyakumari, IMA president Dr Rajalakshmi spoke on the occasion encouraging the addicts to drop the habit. Dr PV Bhandary, medical director of AV Baliga hospital presided over the inaugural function Dr Virupaksha Devermane, Dr Deepak Mallya and Dr Manas were present. On 10.01.2024: Valedictory program of De-addiction camp: In association with Dr AV Baliga hospital, IMA Udupi Karawali has organized a 10-day long alcohol de addiction camp from 01.01.2024 to 10.01.2024..

Our member Dr. Archana Bhaktha, Dr. P. V Bhandary, Dr Virupaksha Devermane, Dr Deepak Mallya and Dr Manas were presented at Valedictory program. On 11.01.2024: Camp- Bone density and thyroid disorders: IMA UK in association with WDW and MOGS conducted a bone mineral density testing and thyroid disorders camp at Kallianpur on 11/01/2024 A total of 125 women participated in the camp and 86 people got tested. 6 cases of newly detected hypothyroidism, Osteopenic 32, Osteoporosis-18. On 11.01.2024: Taluk level PCPNDT - Workshop: Indian Medical Association Udupi -Karawali conducted a taluk level workshop about PCPNDT act to Service representatives, People's Representative and The officers of different departments at Taluk Health office Udupi on 11.01.2024 . Our President Dr. Rajalaxmi given information about PCPNDT act. Installing stall for emergency medical care: IMA participated in Udupi Paryaya 2024 by installing a stall for emergency medical care on 17.01.2024, 18.01.2024 and 19.01.2024.



Branch : Yadgiri
President : Dr. Bhagwanth Anwar
Secretary : Dr.Vaijanath Duggani

IMA YADGIR in association with District health department and Gram panchayat Yelheri celebrated "DIABETES DAY" on 21-11-23 at PHC Yelheri. Gurumatkal MLA Sri Sharanagouda Kandkoor inaugurated the function, DSO Yadgir Dr M S Patil graced the occasion. IMA President Dr Bhagawant Anwar gave presidential address. THO Yadgiri, medical officers, IMA members were present. On this occasion Health camp was conducted, around 500 people

were participated from yelheri and other neighbouring villages. BP, Blood sugar, HB, and other necessary tests done. Various specialities such as ophthal, pediatric,

surgical, ortho, gynaec and psychiatric health check up conducted. This is the first step towards "DOCTORS MOVE TOWARDS VILLAGE" was done by IMA yadagir.

Branch : Yelahanka
President : Prof. Dr. Pavan Kumar. M
Secretary : Dr.Shylakumar. H.K.

Women's doctors wing conducted programme on stress on 19 dec 2023. Many members attended the programme and made it successful. 2) Medical camp was held on 7th january 2024 by IMA AMS wing in association with Diaplus trends society at JNV Govt. Residential School Bangaluru. 3) CME on 19/01/24 was sponsored by Cytecare hospital. Topics were Interesting cases in Head & Neck surgery & oncology. Secretary Dr Shyla Kumar gave welcome speech. CME started with IMA prayer by Dr Shanthala Girish after that we had Special General body to pass amendments to joint secretary post resolution passed in EC meeting. After that we started CME, our guest speaker Dr Prasad Narayan gave brief introduction of the Cytecare hospital services, after that Dr Harish spoke about role of CAR- T Cell Therapy in Leukemia & Lymphomas. Dr Akshay spoke about recent advances in Oncosurgery with interesting case illustrations. After CME Dr Pavankumar unveiled monthly Magazine. He spoke about last month IMA activities and proposed trekking to Siddara betta on 21/01/24. He requested members to participate. Dr



Shankarnarayan spoke about state level cricket match details. Felicitation of Yelahanka Yodhas team was done for reaching Semi finals. CME concluded with Vote of thanks from Dr Krishna Naik. 4. IMA YELAHANKA under IMA JENUGOODU, where all the families meet had organised trekking to SIDDARA BETTA in tumkur. More than 80 doctors had participated. It was a wonderful experience. Women and children had participated in large numbers. It is to motivate the members to keep themselves fit, meet the families and give message to the society on importance of physical activity. Also it gives us an opportunity to explore new places in our state. Later we had been to a resort with families. It is a way to meet and greet the families.

(1) On: 13-01-2024 "ROAD SAFETY DAY" was observed by organising a talk about "Road Safety Measures, Traffic Safety Rules & Prevention of Accidents" for Drivers followed by a GB meeting of IMA MUNDARAGI branch. A CME talk was given by Dr Shami ulla on: "Common Knee Joint Injuries & their management. **(2) On 24-01-2024:** On account of "World Girl Children Day" IMA MUNDARAGI branch had organised a public awareness talk for Hesarur villagers in association with local college NSS wing regarding ill effects of female gender discrimination in the community. **(3) On 26-01-2024:** Republic Day was celebrated & flag hoisting was held at TLH premises. **(4) On**

Branch : Mundaragi
President : Dr. Annadani M. Meti
Secretary : Dr. Prakash Hosmani

30-012024: Covid Martyrs Day, Mahatma Gandhi's Death Anniversary were observed by observation of one minute silence & paying homage to the departed souls. On the same day "World Leprosy Day was observed by arranging a CME talk about early detection of Leprosy & some interesting skin diseases.

Obituary



Dr. D. Somasekharaiah
 Past President IMA-KSB, Bangalore



Dr. L. Hanumanthegowda
 Bangalore



Dr. T.N. Bhaskar
 Honnavar



Dr. Vijaya Raj Kateria
 Raichur



Dr. Inder Raj Itagi
 Honnavar



INDIAN MEDICAL ASSOCIATION®

KARNATAKA STATE BRANCH

SHIVAMOGGA LOCAL BRANCH PRESENTS

State level doctor's tennis and swimming tournament

Invitation

MATCH DAY: Tennis Feb 24-25th 2024 **Swimming : 25th feb 2024**

VENUE: Shivamogga Sports complex - Gopala

CME f/b BANQUET:
24 FEB, SATURDAY
IN IMA PREMISES

REQUIREMENTS:

- IMA MEMBERSHIP PROOF ID NO
- AGE PROOF
- TEAM DETAILS
- PAYMENT DETAILS
- **ENTRY FEE:** Till 15 Feb 2k per registration (tennis) & 1.5 k (Swimming)
- Any registration after 15 feb / Spot registration : 3k & 2k respectively



PROF. DR.SRINIVASA.S
PRESIDENT, IMA-KSB

DR. KARUNAKAR.B.P
HONORARY STATE SECRETARY, IMA-KSB

ORGANISING COMMITTEE

R- PRO : Dr. Harish Delanthabettu

DR RAMESH C
PRESIDENT, IMA- SHIVAMOGGA

DR ARAVINDAN R
SECRETARY, IMA-SHIVAMOGGA

Swimming : Dr Vidya Ramesh

For Details Contact:

Dr Aravindan R : 9739316233 | Dr Abhilash Ramesh : 99728 74816 | Dr Vidya Ramesh : 9480006617

IMA Karnataka State Branch

State Level Doctors & Medical Students
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Singing Competition

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Crowns the Talent in You

Hosts:
Indian Medical Association, Hassan Branch
Hassan Institute of Medical Sciences

Entry Fee for Competition
Students/ Interns/ PDS **₹100**
Doctors **₹500**

23rd -24th March

Venue: HIMS Auditorium, Hassan

For more information contact
Dr. Shweta : 77602 64149
Dr. Kumar : 88616 65858

SWARANJALI
Where the Talent is Born

	Medical Students/ Interns/PDS	IMA Members
Eligibility	IMA Medical Student Network & Member ID Link to access a QR code https://www.imakarnataka.org/qr	IMA Members only
Entry Fee for Registration	100/-	500/-
Online Audition Dates	1 st Mar to 15 th Mar 2024	1 st Feb to 1 st Mar 2024

Categories

- Medical Students/ Interns/PDS
- Under 25 years
- 25-50 years
- Above 50 years

First Stage

- Scan & Pay

Second Stage

- Scan & Register (Single Form)

Third Stage

Online Audition Round

- After successful registration you will be added to category wise Whatsapp groups.
- Instructions to upload the audition video will be provided subsequently.

Your Audition Song:

- Should be a Kannada Movie Song
- Duration Under 3 mins
- Use of Karaoke is Compulsory.

Participants selected through online Auditions will be invited to Hassan on 23rd March for the next round

IMA-KSB WOMENS DOCTORS' WING ACTIVITIES

WDW BALLARI 22/12/2023 Conducted health checkup camp at Harishchandra nagar slum, Thalur road, Ballari. Conducted Antinatal checkups, ENT check ups, screening tests by WDW members Dr Asha Rani, Dr Sreelekha, Dr Sreelakshmi. Around 75 members both women and young girls attended the camp. Identified high risk pregnant women advised necessary follow up. Total 27 PPTCT testing done. All the beneficiaries well received the camp. Regards, WDW President-Dr Asha Rani WDW Secretary-Dr Sreelekha WDW H'Secretary-Dr Sreelakshmi.



WDW DHARWAD : December 1st,2023 - World AIDS day celebrations: AIDS Awareness Rally in association with IMA Dharwad branch and District Health Authorities was conducted. Students from Shreeya College of Nursing conducted street plays to create awareness about HIV/AIDS and to reduce stigma towards HIV infected persons. Along with District Health Authorities & IMA Dharwad members, a rally with posters on HIV/AIDS was held in the busy areas of Dharwad, to create awareness.

December 23rd, 2023 - Mega Health Check-up camp & MHM Awareness for girls WDW Dharwad conducted a Mega Health check-up camp for around 150 teachers and lecturers of JSS Group of Institutions. Blood pressure, Hemoglon & Bone Mineral Density was checked along with General Health check-up. On the same occasion, awareness on nutrition and Menstrual Hygiene Management was given by WDW members, Dr. Nisha Galgali and Dr. Jyoti Hiremath. It was well attended by 300 girl students. **19th January, 2024 - Night Walkathon for Women's Road Safety** WDW Dharwad conducted a unique Night Walkathon for Women's Road Safety on 19th January, flagged off by Police Commissioner Renuka Sukumar ma'am. 500 women in pink dresses & pink caps walked with posters on Women's safety on roads at night. Traditional dollu was arranged which was very attractive. The intention of the event was to create awareness about women's safety on roads at night, as many women and girl students travel alone at night.

WDW MANGALORE : Along with IMA Mangalore, Wenlock hospital DHO and ENT department, with Rotary Mangalore city conducted ENT and health check-up camp in Home for the aged run by little sisters of the poor on 24 th December . Examined 75 inmates, 16 of them are advised for hearing aids after conducting audiometry checkup. DHO and Rotary Mangalore city is arranging the earring aid



WDW SHIMOGA : Made their presence felt in the Walkathon on November 4th 2023. The theme chosen was- 'weaves of Karnataka' and this opportunity was used to create awareness on gender sensitization, female education. Our participation was well received by the organisers and the public !. **DEC 23** At govt high school, navile basapura, shimoga taluk, Indian medical association, women doctors wing in association with kshema trust shimoga, a counselling session for adolescent girls was held on 10/12/23.



IMA, UDUPI KARAVALI : On 14.12.2023 to 20.12.2023: Street Play Ima Udupi Karavali conducted 14 Street Plays in and around Udupi on Girl child health, Tuberculosis, Tobacco related health hazards, drug abuse and depression from 14.12.2023 to 20.12.2023. Dr.Archana Bhaktha and Dr Indira Shanbhag participated.



WDW, HASSAN : Date: 27/12/2023 - SCHOOL HEALTH EDUCATION - Our member, Dr. Bhavika Y M, Pediatrician, participated in a school health education programme at Sri Aravinda School, Hassan and talked about how to develop healthy relation with food in children. **Date: 03.01.24** **New year Celebration** IMA, WDW in associations with IMA Hassan celebrated New Year with the theme "Suvarna Rajyothsava". More than 45 doctors families had gathered to witness various cultural Programmes. A special "Kannada Quiz" was organised for all the participants including kids.



WDW HUBLI : **03-04/11/23** : STATE LEVEL CYTOLOGY CONFERENCE - State level cytology conference was conducted at KIMS Hubballi on 3rd & 4th of November. Our WDW members were in the organising team. Dr Bharati Bhavikatti, Dr Kanchana UT, Dr Malini, Dr Arati and Dr Rukmini conducted workshop and Quiz. **01/12/23** : HIV Awareness talk Our WDW member Dr Rashmi Desai, assistant professor ,obstetrics and gynecology KIMS Hubballi, spoke on radio station KLE Dhwani, regarding HIV and myths around the transmission of HIV. She emphasised on the role community in eradication of HIV. **NATIONAL ROAD SAFETY WEEK (17/01/24)** Today "national road safety week" was inaugurated at KIMS Hospital auditorium in collaboration with district administration, police department, transportation department, WDW and IMA Hubballi. During the inauguration, Road safety rules and advise on road safety were given by various speakers from transportation department and police department. Road safety rules leaflets and stickers were released. The auditorium with 780 capacity was full with many Students and staff from KIMS and students from various colleges from Dharwad and Hubli. Everyone was made to take an oath on following the road safety rules. **NATIONAL GIRL CHILD DAY (24/01/24)** Today , WDW Hubballi member Dr Ashwini spoke on radio channel KLE Dhwani regarding National girl



WDW GANGAVATI : IMA Gvt and WDW Maithri organised CPR workshop for Students of Kollu Nageshvarrao Govt. College and addressed youths regarding human values that has to be inculcated as said by Swamy Vivekananda on event of Youths day which was on 12/01/2024.



WDW SINDHANUR : 14.01.24 WDW Sindhanur, in association with IMA Sindhanur, part of Sankranthi Festivities, organised talk on stress management and Joyful Living and Millets, health and nutrition for its members.



WDW RANEBENNUR : Ranebennur IMA & WDW did rally along with Ranebennur traffic police creating the awareness of road safety on the occasion of Road Safety Week - 2024 on 17/01/2024. Then the talk was given by IMA President Dr. Abhinandan Sawkar regarding platinum hour and golden hour after accidents. Then rally was completed at town Police Station.

child day. She spoke elaborately on why it is observed on 24th Jan, problems faced by females such as antenatal sex determination, female foeticide, education of girls in villages, anaemia, malnutrition and issues related to this, female child trafficking, child marriage and related physical and sexual abuse. She also threw light on advantages of empowering girls with education and good nutrition, legal age for marriage, prohibition of child marriage act, right to education act etc., She also mentioned about few government programs to support girl child like, poshana, anaemia Mukta Bharat, Balika Samridhi, operation blackboard, Beti bachao beti padhao and Jan Bhagidhari. She concluded her talk by emphasising on women empowerment and giving examples of several women achievers of India.



IMA South Zone State President and secretaries meeting with National President & Office bearers @ IMA HQ, New Delhi. Prof. Dr. Srinivasa S and Dr. Karunakara BP, Hon State Secretary, attended the meeting. The President and the Hon State Secretary gave a wonderful presentation of the programs, activities and issues of the IMA KSB and its benches and the committees. Assured full cooperation to the HQ from the state and its local branches. We handed over IMA KSB contribution of 5 lakhs towards legal expenses of fight against non-inclusion of medical negligence issue under criminal offences in the new Bharath Nyaya Samithi. IMA HQ acknowledged the contribution. Various issues like membership drive, medical negligence and criminal law, GST, IMA HQ Centenary building and many more were discussed.



Know your "FIT DOCTOR" – Dr. Malavegowda R.N.

1) Good morning sir. Can you tell something about you?

I am Dr.Malavegowda.R.N, born on 30th June 1968, in Rampura village, Channapatna taluk, Bengaluru rural (Now Ramanagara), Did my pre-primary in Rampura village, then primary, High schooling in Bangalore. Did my PUC in Channapatna

2) Thank you, Sir. Very interesting to know your childhood days. What about your higher education?

I did my MBBS from Govt medical college, Bellary between 1987 & 1993. Did my D. Otho from Mysore medical college in 1997.

During MBBS, I started taking part in college athletics and used to represent our University in Medicon annual meets. I use to take part in long distance events.

3) What about your employment?

I joined Govt service in 1997 and served in Koppal, M.N.Hosalli PHC later Served in Govt hospital Channapatna as Orthopedic surgeon. After serving for 12 years in Govt. hospitals took voluntary retirement and started exclusive orthopedic Centre (MOTC) in Channapatna in 2008.

4) Sir, Even as a busy doctor you are fit to participate in sport competitions. What is the secret?

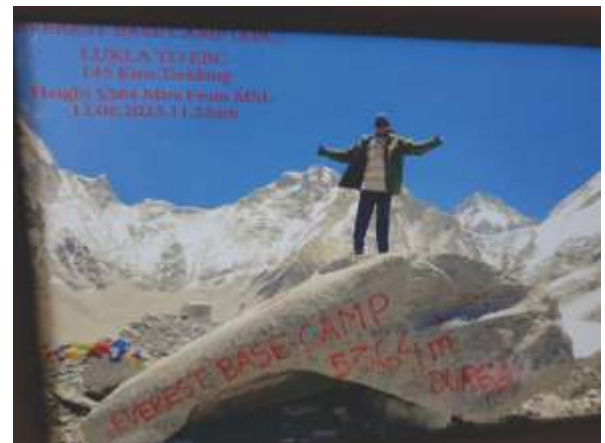
In 2011, with my orthopedic friend Dr.Shankar.T.V started cycling and cycled to cover about 30,000 Kms. We cycled to Kanyakumari, Ooty, BRP and other various places. Cycled in Zurich, Turkey etc. Recently did-Tour of Karnataka-9th edition about 560 Kms in 4 days, with 146 cyclist enthusiasts. I will be participating in Marathon events. so for I have done one full Marathon-41.165 Kms, 8 half Marathons and about 20,10 Kms. events.

Also, I play tennis 4-5 days a week for about 1 ½ hrs. Happy to share that since we started cycling, we promoted cycling at Channapatna and formed CRC-Channapatna Riders Club in which nearly 35 members are actively cycling.

I have done a lot of trekking Covered most of the trekking spots in Karnataka. My Recent trek was to "Everest Base Camp (EBC)" 145 Kms in 9 days-, I have done this with my Children we did this in April-May, 2023.

5) What are your routines now to keep yourself fit?

My Routine is getting up at 5.45 AM playing tennis for about 1 1/2 hrs 4-5 days a week. Go to our Agriculture land at least 4-5 days a week and work there for 1 hour at least. Most of the time, I use cycle while going to tennis & agricultural land.



6) What is your advice for young Doctors?

I always suggest "Whatever you are and however busy you are", you should spend at least 2 hrs in a day for your health and personal care through physical activity, yoga, meditation, farm lands, etc.

I am happy to share that being IMA KSB Sports Committee Chairman, lead the delegation of 52 members to national IMA Olympics held at Nashik, Maharashtra in 2021. IMA Team won 30 medals.

Now a days I am happy to see lot of young doctors are really involved in sports especially Cricket, around 430 young doctors participated in IMA KSB state level Cricket tournament held at Mandya & Yalahanka.



An adventure to the Philippines - Dr Geraldine Sanjay

IMA Bangalore

Our organisation, Respect for Life India, was invited to attend the 23rd ASPAC Congress on Life, Faith and Family conducted by the Human Life International for the Asia-Pacific Region at Cebu, Philippines in November 2023. I volunteered to represent our organisation at the Congress.

I booked the tickets early with Singapore Airlines about 1.5 lakhs for the three of us. However getting the visas proved extremely difficult.

My daughter and I went to the Chennai Consulate to get our visas by the Shatabdi, an excellent train. I have always loved trains but after performing so many autopsies on Railway Deaths, the Train to me is an iron monster, crushing people beyond recognition, a powerful beast!

Chennai is my parents' home land & I was nostalgic, visiting after a long time. There was cyclonic rain, but we did manage to get our visas.

We flew back to Bangalore. The new Terminal at KIA is stunningly beautiful, worth being called the most beautiful Airport.



We landed at Changi Airport, Singapore for stopover. The Airport is a mini luxurious city for weary travellers.

The Filipino people are very warm and courteous, polite and hospitable. We share the same concerns about our children & families.

The highpoint of our trip was the Magellan's Cross. He had brought Christianity to this tribal, sea-faring people and the impact of this historic traveller is very conspicuous.

Our visit to the beach and my children swimming in the beautiful South China Sea was very memorable for me. I am thankful and glad that I had the opportunity to visit this beautiful country and its warm and loving people.



COVID 19 MARTYRS DAY 30-01-2024 by Various Branches



"Don't quit!! You will look the prettiest in the white coat."



90th MEDICON 2024

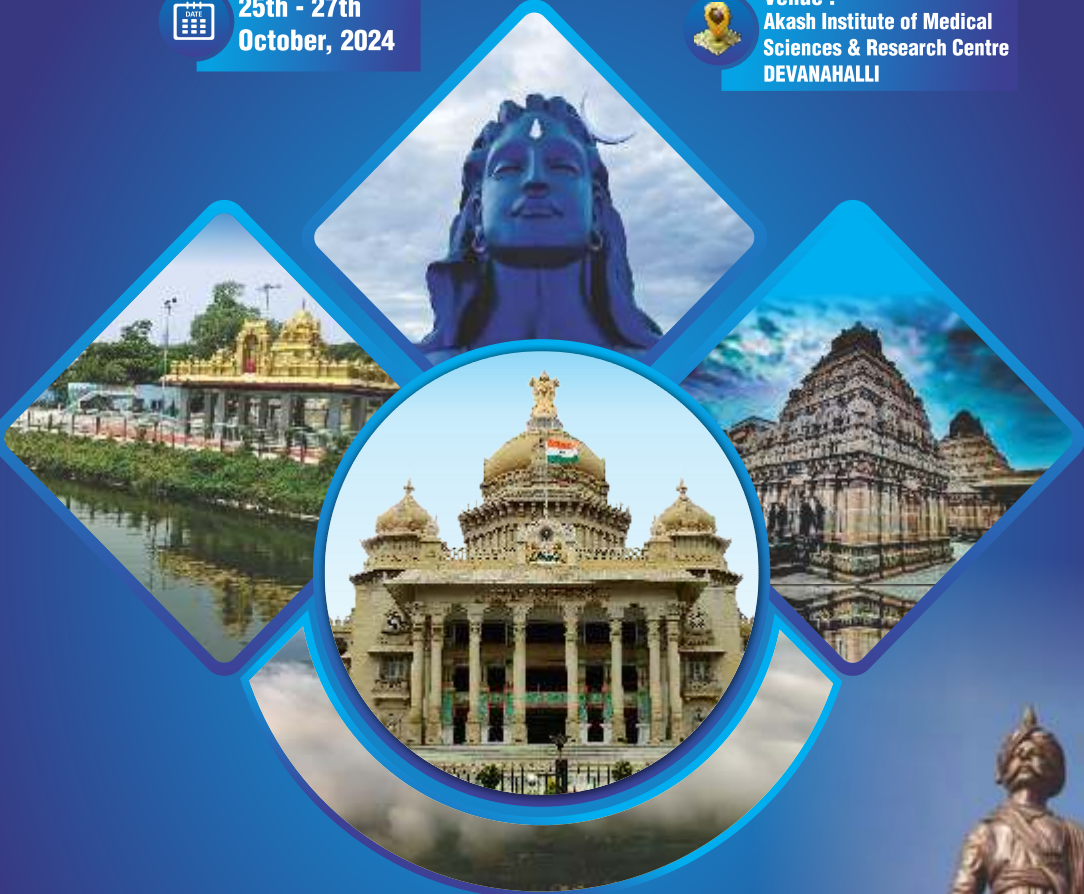
IMA Karnataka State
Annual Medical Conference
Host - IMA Yelahanka Branch



25th - 27th
October, 2024



Venue :
Akash Institute of Medical
Sciences & Research Centre
DEVANAHALLI



REGISTRATION CHARGES (Inclusive of GST)

DATE	Single Delegate	Couple Delegate	SPOUSE (Non Member)	PG
Till Mar 31st 2024	Rs. 5,000	Rs. 9,000	Rs. 3,000	Rs. 3,500
1st April - 30th June 2024	Rs. 6,000	Rs. 11,000	Rs. 4,000	Rs. 3,500
1st July - 24th Oct 2024	Rs. 7,000	Rs. 12,000	Rs. 5,000	Rs. 3,500
SPOT Registration	Rs. 8,000	Rs. 14,000	Rs. 6,000	Rs. 3,500

For Further Details Contact

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9845611856

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9845065527

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Dr. V. Suri Raju
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IMA/HSG/157/772

January 29, 2024

Dear IMA leaders,

Greetings from IMA HQs.!

As you are aware, the **WORLD CANCER DAY** is on 4th Feb

UICC gave the clarion call to observe WORLD CANCER DAY in the year 2000 and since then is being observed across the world, to create awareness, improve education & emphasize personal, collective, NGO, civil societies & government action, to work together to prevent the millions of preventable cancer deaths and provide access to life saving cancer treatment & care, equitable to all.

Year 2024 is, the Third & final year of three year UICC campaign – “CLOSE THE CARE GAP” as everyone deserves access to cancer care. The theme is to identify & address the barriers that exist for many people in India and the world to access the care they need.

Cancer, continues to be the second leading cause of death worldwide. Each year, around 10 million people die from cancer, equivalent to around 26,300 deaths every day due to cancer and the number is predicted to rise to 13 million cancer deaths by 2030. With over 20 million new cancer cases every year, the global economic cost of cancer has been estimated to be \$1.16 Trillions. Among many of the cancer patients and cancer survivors are people who lead a disability-adjusted life or a life with several restrictions and precautions in place. However, 10% of cancers are due to genetic mutations and 27% of cancer deaths in the world are due to most preventable causes-tobacco & alcohol, although this incidence may be higher in India.

As per the Indian Council of Medical Research -National Cancer Registry, India- the estimated number of incident cases of cancer in India for the year 2022 was found to be 14,61,427 (crude rate:100.4 per 100,000) which is projected to increase as previous studies have shown & estimated a 12.8% increase in the number of annual cancer cases by the year 2025, which would be around 1.57 million. **In India, every 9th person is likely to develop cancer in his/her lifetime.** Lung and breast cancers were the leading sites of cancer in males and females, respectively. The majority of the patients with cancer were diagnosed at the locally advanced stage for breast (57.0%), cervix uteri (60.0%), head and neck (66.6%), and stomach (50.8%) cancer, whereas in lung cancer, distant metastasis was predominant among males (44.0%) and females (47.6%). The incidence of cancer cases is estimated to increase by 12.8 per cent in 2025 as compared to 2020. A wide heterogeneity in leading cancer sites has been observed within India by age and sex.

IMA joins hands with WHO to “Eliminate Cervical Cancer by 2030”, we also urge the Ministry of Health, GOI to include **HPV vaccination in the National Immunization schedule of the appropriate age of the girls** and help control cervical cancer, so that no female ever dies of Ca Cervix. IMA calls for a comprehensive approach to preventing, detecting and treating cervical cancer. In India, a study among rural women with cervical cancer found the five-year survival rate to be 78% when diagnosed & treated at an early Stage but this drops down to 9%, when diagnosed in Stage IV, hence the need for early detection & treatment.

In India BREAST CANCER has highest incidence & death amongst all cancers in men & women combined. Its incidence in both sex's together is 13.5% (178361pts.) amongst all cancers as compared to Lip & Oral Cavity



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10.3 % (135929) , followed by Cervix Uterus (9.4%)& Lung (5.5%). In females with cancers, 26.3 % are due to breast cancer, 18.3% Cervix Uterus, Ovary 6.7% & Lip Oral Cavity 4.6%. (Globocan2020)

CANCER can also be labeled as a **life style disease**, as Smoking is the leading cause of 13 different types of cancers, Alcohol -7 types and Obesity 12 types and these are the biggest and most preventable cancer risk factors. Nearly, 40-50% of cancers are preventable.

IMA suggests that to reduce the cancer risk, the people should adopt a healthier behavior:-

1. Choose healthy food.
2. Stay active, keep moving,
3. Quit smoking/chewing Tobacco/using tobacco in any form.
4. Cut down on Alcohol.
5. Avoid pollutants and harmful chemicals including asbestos, pesticides & containers with BPA.
6. Get vaccinated against HPV.
7. Eat a diet rich in whole grains, vegetables, fruit, and beans.
8. Eat a diet low in highly processed foods, red and processed meat, sugar-sweetened drinks.
8. Know about the cancer symptoms & signs & act on it.

IMA also supports the call of UICC to illuminate city landmarks in "Orange & Navy Blue color" to draw attention of public for cancer awareness. (If dual color not possible then only Orange may be used),

IMA leaders are advised to Spread the word- dispel myths & stigma associated with cancer, give lectures, arrange symposiums, write blog story, record a video message, feature World Cancer Day on IMA sate/branch website, publish an article in branch newsletter, issue press note or reach out to a local journalist, to create awareness and share knowledge for prevention & early detection of Cancer, empower all to recognize early warning signs, and clear misconceptions about cancer. Please do share your activity report with photos with hsg@ima-india.org & dilipacharya@gmail.com.

Thanking You,

With kind regards,

Yours Sincerely,

Dr. R V Asokan
National President
Indian Medical Association

-sd-

Dr. Dilip Kumar Acharya
Chairman
IMA National Cancer &
Tobacco Control Committee

Dr. Anilkumar J. Nayak
Honorary Secretary General
Indian Medical Association



INDIAN MEDICAL ASSOCIATION (HQs.)

(Registered under the Societies Act XXI of 1860)
Mutually Affiliated with the British & Nepal Medical Associations
I.M.A. House, Indraprastha Marg, New Delhi-110 002



National President
Dr. R V Asokan
+91-9847061563
rvasokan@gmail.com

Imm. Past National President
Dr. Sharad Kr. Agarwal
+91-9717111942
shareshmadr8@gmail.com

Honorary Secretary General
Dr. Anilkumar J.Nayak
+91-9825051333
draniljnayak@yahoo.co.in

Honorary Finance Secretary
Dr. Shitij Bali
+91-9910755660
shitij.bali@yahoo.com

To
The Presidents & Hon. Secretaries
Local Branches of IMA

Dear Doctor,

Greetings from Indian Medical Association (HQs.)!

Glaucoma is the leading cause of irreversible blindness in the world. This is mostly asymptomatic and is, therefore, called 'Lurking thief of Sight'. Most of Glaucoma in our country remains undiagnosed. However, if diagnosed early enough, the visual disability from this disease is almost always preventable.

Therefore, awareness about this disease can go a long way in preventing blindness from this disease. Glaucoma Society of India (GSI) and World Glaucoma Association (WGA) organize World Glaucoma Week during the 2nd week of March, every year, to spread awareness about Glaucoma. In 2024 the World Glaucoma Week will be observed from March 10th to 16th and the theme is 'Uniting for a Glaucoma-Free World'.

It is my pleasure to inform you that Indian Medical Association (IMA) has joined hands with the Glaucoma Society of India (GSI) to minimize visual disability caused by this disease by organizing awareness lectures and screening camps for the members of IMA and their families. Once, there is improved awareness among the members of IMA, it will translate into improved awareness in their families and staff followed by the society at large.

I personally request you to support the members of GSI whole heartedly for this social cause which will immensely help our doctors, their patients and the society at large.

Thanking You,
With kind regards,
Yours Sincerely,

Dr. R V Asokan
National President
Indian Medical Association

Dr. Anilkumar J. Nayak
Honorary Secretary General
Indian Medical Association



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IMA/HSG/367/759

24-1-2024

To,
The Presidents and Hony. Secretaries
All State Branches of IMA

Sub Redevelopment of IMA HQs. Building, IMA House, Indraprastha Marg, New Delhi

Dear Sir

Greetings from IMA HQs!

This is to inform you that this historical iconic building of IMA HQs. at New Delhi was constructed in 1958 and the inauguration of the new establishment was graced by the esteemed presence of **His Excellency, the then President of India, Dr. Rajendra Prasad**. Thereafter looking into the requirements of expansion of additional space in HQs. further additions of two floors were done subsequently and again the inauguration of the additional floors was honoured by the esteemed presence of **His Excellency, the then President of India, Dr. Sarvepalli Radhakrishnan** on September 6th, 1964.

Due to the ageing of the building a visionary resolution was made during the 76th Meeting of the Central Council, held at Delhi on 27th and 28th December 2015 to set in motion the process of Re-development of IMA HQs. Building. Various structural engineers have indicated that the IMA HQs. existing building is over 65 years old and it is nearing the end of its structural life.

As Indian Medical Association is constantly growing in its membership as well as working as an umbrella Organisation for all the healthcare providers of the country, this Re-development will be a beacon of excellence to serve the medical community and the nation at large.

IMA has strategically partnered with the National Buildings Construction Corporation (NBCC) India Limited for the redevelopment initiative. The estimated cost for the redevelopment project stands at Rs. 70 crores, as quoted by NBCC. This encompasses various aspects, including structural enhancements, technological upgrades, and compliance with safety standards for timely construction of the building. The financial commitment aligns with the long-term vision of IMA to provide a state-of-the-art facility for its members.

In the recently concluded meeting of CWC/CC held on 26th to 28th December 2023 at Kovalam (Kerala), this issue of redevelopment of IMA HQs. Building was discussed in details. It was decided that the Presidents and Secretaries of all State and Local Branches are expected to collect a donation for this mammoth task and the amount collected should be transferred to the IMA HQs. via UPI/QR Code or Bank Transfer.



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Let's join hands to build a legacy of healing. Donate generously to IMA's new Headquarters Building and receive income tax exemption under 80G. Bank details are as follows:

Name on Bank	IMA NEW BUILDING
Bank	Canara Bank
Account No.	110162316706
IFCS Code	CNRB0019067
Branch	C R Building, Delhi

With kind regards,

Yours sincerely,

Dr. Anilkumar J. Nayak
Honorary Secretary General, IMA

Copy to: National President, IMA

Telephones: +91-11-2337 0009 (10 lines), 23378680 / +91-9999116375, 9999116376, Fax: +91-11-23379470
Website: www.ima-india.org ; Email: np@ima-india.org | hsg@ima-india.org

Draft Programme/ SOPs for World Glaucoma Week Awareness Programme March 10th to 16th 2024

1. Responsibility of organizing the event – local IMA Secretary/ President
2. Responsibility of professional services – local members of Glaucoma Society of India (GSI)
3. Programme to be conducted on any day during World Glaucoma Week i.e. March 10th to 16th 2024, preferably on Sunday/ Holiday.
4. The event to include approximately 40–60 minutes lecture(s) for the members of IMA by the GSI members – This can be repeated twice if required.
5. Screening camp for the members of IMA & their families above the age of 40 years by GSI members – Three to six hours duration depending on local requirements.
6. The report of the activity to be sent by the IMA/ GSI members to their respective bodies.

**IMA Membership Drive in Various Medical Colleges and Govt Sector by IMA-KSB
President Prof. Dr. Srinivas with Udupi Karavali IMA Senior Leaders Dr Annaya Kulal,
Dr GK Bhat and IMA Mangalore Secretary Dr. Avin B.R. Alva**



Prof. Dr. S. Srinivasa and Dr. Karunakara B.P. Met Honourable Member of Parliament Mr. P.C. Mohan and MLA Mr. Raghu submitted Memorandum and Discussed about IMA objectives, he has agreed to talk on our behalf.

Prof. Dr. S. Srinivasa and Dr. Karunakara B.P. met Mr D.V. Sadananda Gowdaru in the morning explained everything, he promised us he will talk on our favour.





IMA KSSS



IMA'S KARNATAKA SOCIAL SECURITY SCHEME

IMA House, Bailappanavar Nagar, Hubballi-29 Ph.: 0836-2355656

<https://www.imakssshubli.org>

Respected Members,

Earlier our web was <http://www.imakssshubli.org>, but now it is <https://www.imakssshubli.org> you can clear the browser history in the settings and open the above link.

ENROLL YOUR MEMBERSHIP FOR IMA KSSS OLD EXISTING & SILVER JUBILEE SCHEME

"EACH ONE GET ONE"

ADMISSION FEE STRUCTURE FOR OLD EXISTING & NEW SILVER JUBILEE SCHEME

Age in Yrs	Below 30	Betwn 31-35	Betwn 36-40	Betwn 41-45	Betwn 46-50	Betwn 51-55	Betwn 55-60
Fee for Existing old Scheme	Rs. 17700/-	Rs. 18200/-	Rs. 18700/-	Rs. 28700/-	Rs. 31700/-	Rs. 36700/-	Rs. 44700/-
Fee for Silver Jubilee Scheme	Rs. 20700/-	Rs. 22700/-	Rs. 24700/-	Rs. 31700/-	Rs. 38700/-	Rs. 47200/-	Rs. 57700/-

It Includes Subscription, Registration, Membership Contribution, AFC & in Silver Jubilee Scheme Includes Group Accident Benefit

IMA KSSS New Membership Tariff Effective from 01-04-2023

Recent death claim in Old Existing Scheme – Rs. 19,25,000/-

Recent death claim New Silver Jubilee Scheme – Rs. 60,95,000/-



Dr. Yogananda Reddy.Y.C.
Chairman
Mo : 9844085120

Dr. Sachin Revankar
Secretary
Mo : 9880250083

Dr. Soumya Y.J.
Joint Secretary
Mo : 9845222245

Dr. Anandravi B.N.
Joint Secretary
Mo : 9845192351

Dr. Maheshkumar S.
Treasurer
Mo : 9341738405

Kindly visit our website- www.imakssshubli.org

IMA House, Bailappanavar Nagar, Hubballi-29 Phone no. 0836-235 56 56



IMA KARNATAKA PROFESSIONAL PROTECTION SCHEME (R)

IMA House, Alur Venkata Rao Road, Chamarajpet, Bengaluru 560 018

Reg. No.DRB-2/SOR/179/2019-20

Email : imakpps@gmail.com | Phone No 080 -26705447, 8197330598

NEW SCHEME

• FINANCIAL ASSISTANCE CLAIM (INDEMNITY) AMOUNT UP TO RS. 1 CRORE (ONE CRORE)

- All the existing members will be upgraded to New Scheme after receiving the new application and request letter after adjusting the balance payment.
- The cause of Action must be in the period of active membership for all claims.
- Membership becomes effective from the Date of realization of Cheque or DD In favour of IMA KPPS.
- All operational modalities will be as per registered Bye-Laws of IMA's Karnataka Professional protection Scheme.

FEE DETAILS-From 01-10-2023

a) Fee details for the 1st year (admission contribution)

Admission fee	Rs. 100/-
Annual subscription Fee	Rs. 2000/-
Advance fraternity contribution	Rs. 1000/-
Total	Rs. 3100/-
GST 18%	Rs. 600/-
Grand Total	Rs. 3700/-

b) Fee details for subsequent years

Annual subscription fee	Rs. 500/-
Demand fraternity contribution	Decided and intimated that year *
GST 18% on the demanded amount	

*Amount paid towards financial assistance given to the members and Legal expenses in that financial year is equally divided and collected through Demand notice sent to each members as demand fraternity contribution every year in the month of April.

Dr. Honnegowda

Chairman

M. 9448118299

Dr. N. Dhanapala

Hon. Secretary

M. 9342161266

Dr. J. Sharanappa

Hon. Treasurer

M. 9448924466

Scan to download Membership application forms



IMA KSB
APPLICATION FORM



IMA KSSS
APPLICATION FORM



IMA KPPS
APPLICATION FORM



IMA KSHS
APPLICATION FORM



IMA'S KARNATAKA STATE HEALTH SCHEME

imakshs@gmail.com
www.imahealthscheme.org

IMA KSHS

A doctors mutual health contribution scheme will give peace of mind in knowing that you are protected from most of these costs

Don't wait until you or a family member becomes seriously ill to try to purchase health insurance.

The Admission fee details is as follows

Age in Years	Total Amount, At the time of joining (1 st Year)	The Amount to be paid every year (2 nd Year onwards)
Children below 25 yrs	Rs. 4000.00	Rs. 3000.00
Below age of 35 yrs	Rs. 5000.00	Rs. 4000.00
Below age of 45 Yrs but above 35 Yrs	Rs. 7000.00	Rs. 5000.00
Below age of 55 Yrs but above 45 Yrs	Rs. 9000.00	Rs. 6000.00
Below age of 65 Yrs but above 55 Yrs	Rs. 11,000.00	Rs. 7000.00
Below age of 75 Yrs but above 65 Yrs	Rs. 13,000.00	Rs. 8000.00
Below age of 85 Yrs but above 75 Yrs	Rs. 15,000.00	Rs. 9000.00

LOCK IN PERIOD

- i) **Founder member** :- shall have the benefit of the scheme **six months** after joining the scheme or immediately after launching the scheme whichever is longer.
- ii) All the **ordinary members** and **beneficiary members below the age of 65** on joining shall have the benefit of the scheme after **12 months** of joining the scheme or immediately after launching the scheme whichever is longer.
- iii) All the **ordinary members** and **beneficiary members above the age of 65** on joining shall have the benefit of the scheme after **24 months** of joining the scheme or after launching the scheme whichever is longer.

NO CASHLESS SERVICE (They have to pay their bills themselves & Claim later)

- * No advance payment will be made to the members
- * Members will be given **reimbursement of 75% of total amount** of the bill not exceeding the sum limited to each disease.
- * If the benefit is not claimed in an academic year the benefit amount in total or any percentage will not be carried over to the subsequent years.
- * **A member will get a maximum of benefit of Rs.2 Lakhs in one year.**

The scheme was launched on 1st of July 2017 on the Doctors day Celebration at Bengaluru.

Chairman
Dr Jambunath Gouda
094481 45035

Secretary
Dr Madhusudhan K N
094481 40003

Treasurer
Dr Hanumantappa A
99456 05974

**Official Address : Dr. Jambunath Gouda, Kottureshwara MRI Scan Centre
Near Little Heart School, Hosalli Road, GANGAVATHI-583227 | Ph.: 8618744511**



Medical Device Startup MedAlliance acquisition completed by Cordis for USD 1.135 Billion



Amit Bohora

In the ever-evolving landscape of medical technology, MedAlliance has emerged as a pioneering startup with a commitment to transforming patient care. With its medical devices and cutting-edge solutions, the company has caught the attention of industry giants, leading to a landmark acquisition by Cordis, in a groundbreaking deal.

Let us delve deeper into the founders of MedAlliance, their future plans, and the recent statements following this monumental acquisition.

The visionary founder

Recognizing the need for innovative medical devices that could revolutionize healthcare, MedAlliance was founded in 2008 by Jeffery Jump, known for leading valuable studies and this commercial deal with Cordis. Driven by the passion for improving patient outcomes, the founder embarked on a mission to develop devices that address complex medical challenges and set new standards in medical innovation.

Amit Bohora, an early MedAlliance partner, rigorously helped in this transaction with Cordis, as a dedication to patient benefit and medical needs.

Jeffrey B. Jump, MedAlliance's CEO, credits Amit Bohora's 20 years of expertise for advancing transformative medical technology accessibility globally.

"MedAlliance, a pioneer in drug device combinations, has harnessed innovation to provide a groundbreaking solution - the patented Sirolimus drug-eluting balloon, Selution SLR. This innovation ensures the effective delivery of the necessary medication, while leaving nothing behind, revolutionizing the landscape of stentless PCI angioplasty. With Cordis, a vanguard in the field that introduced CYPHER drug-eluting stents in 1999, championing this innovation is the logical progression. MedAlliance's years of research, coupled with ongoing and successful clinical studies in Asia, Europe, and the United States, has resulted in CE mark approvals and four breakthrough US FDA IDE indications," cites Amit Bohora.

"Amit has been a key contributor since foundation to MedAlliance's business and he has been an intricate part of our success, advising management and leading the worldwide commercial team, as well as the Asian clinical team. He was responsible for several important

studies, including leading the Indian coronary study used for CE mark approval and has assisted in fund raising and led the commercial transition of MedAlliance integration into Cordis," said Jeffrey Jump, Founder, Chairman and CEO of MedAlliance.

Innovation that transforms

MedAlliance's groundbreaking medical devices have already made a significant impact in the healthcare industry. Their flagship product, the Selution drug-coated balloon, has garnered widespread recognition for its ability to treat complex cardiovascular diseases and significantly reduce the risk of restenosis.

Future endeavours

With the backing of Cordis and their vast resources, MedAlliance is poised for even greater success in the future. The acquisition will provide MedAlliance with the necessary support to further enhance their research and development capabilities, allowing them to bring more innovative solutions to market. This partnership will undoubtedly accelerate their mission to redefine healthcare and positively influence patient outcomes globally.

"With over 100 million diabetic patients, India stands at the threshold of a medical technology revolution, a trillion-dollar opportunity. The nation's burgeoning healthcare sector not only fuels economic growth but also benefits from a positive funding environment. In a country boosting one of the world's largest cardiovascular patient population, this is the next frontier of growth in healthcare. The Indian medical device industry, already valued at 90 Thousand Crore Rupees (USD 11 Billion), is projected to surge to 3.6 Lakh Crore Rupees (USD 44 Billion) by 2030, underscoring the immense potential and vitality of the healthcare landscape in India." added Mr. Amit Bohora.

The visionary conclusion

MedAlliance's acquisition by Cordis marks a landmark moment in the healthcare industry. With their visionary founders, groundbreaking medical devices, and the support of Cordis, the company is poised to revolutionize patient care and drive innovation in the years to come. As MedAlliance continues its journey, groundbreaking solutions that improve the lives of millions worldwide.





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